

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH RESEARCH**

**RAJYA SABHA
UNSTARRED QUESTION NO. 3455
TO BE ANSWERED ON 1ST APRIL, 2025**

IMPACT OF LONG COVID

3455. SHRI DEREK O' BRIEN:

Will the **Minister of HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether Government has conducted or commissioned any nationwide study on the prevalence and impact of Long COVID in the country;
- (b) if so, the details and key findings of such studies, including the number of individuals affected, categorized by severity and symptoms;
- (c) the number of reported Long COVID cases, along with the methodology used for identification and reporting, State-wise;
- (d) whether specific treatment guidelines or rehabilitation programs have been formulated to address Long COVID symptoms and if so, the details thereof; and
- (e) the steps taken to integrate Long COVID diagnosis and treatment into existing healthcare infrastructure, including support for affected individuals?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE
(SHRI PRATAPRAO JADHAV)**

(a) to (e): Indian Council of Medical Research (ICMR) has informed that National Clinical Registry for COVID-19 (NCRC) established in September 2020 systematically collected high-quality, real-time data, for hospitalised COVID-19 patients. The patients were followed up for at least one year after discharge to observe trends in signs/symptoms, medications or supportive management. According to the NCRC data obtained from 31 hospitals across India, long COVID symptoms have been reported by nearly 17% amongst the hospitalized COVID-19 patients at 4-8 weeks follow up and nearly 6.5% people hospitalised with COVID-19 died within one-year post discharge. Dyspnoea, fatigue and mental health issues were reported among 11.9%, 6.6% and 9%, respectively, at 1-year follow-up in 2192 participants.

Ministry of Health and Family Welfare has issued National Comprehensive Guidelines for Management of Post-COVID Sequelae (available at: <https://covid19dashboard.mohfw.gov.in/pdf/NationalComprehensiveGuidelinesforManagementofPostCovidSequelae.pdf>). The document contains detailed guidance for doctors on managing post-COVID

complications affecting cardiovascular, gastrointestinal, nephrological, neurological and respiratory systems and rehabilitation from such complications.

Although health is a State subject, Government of India has advised the States to establish post COVID clinics in their respective appropriate health facilities to cater to the needs of people suffering various post COVID conditions.
