

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
UNSTARRED QUESTION NO. 2211
TO BE ANSWERED ON THE 8TH AUGUST 2023**

‘ANAEMIA AMONG WOMEN’

2211 SHRI DEREK O' BRIEN:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the percentage of women in the country having anaemia;
- (b) the percentage of women who have consumed the complete doses of IFA tablets as per the last National Family Health Survey (NFHS); and
- (c) the steps being taken to reduce the adverse side effects of IFA tablets as it is the major reason for diminished consumption of the same?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY
WELFARE
(DR. BHARATI PRAVIN PAWAR)**

- (a)
As per National Family Health Survey-5 (NFHS-5, 2019-21), the prevalence of anaemia is 57.0 percent among women age 15-49 years in the country.
- (b)
As per National Family Health Survey-5 (NFHS-5, 2019-21) at national level, 26.0 percent of the mothers have consumed Iron Folic Acid (IFA) tablets for 180 days or more when they were pregnant.
- (c)
The Government launched Anaemia Mukht Bharat (AMB) strategy in 2018 to reduce prevalence of anaemia in children, adolescents and women in life cycle approach. Under the strategy, the Prophylactic dose of Iron Folic Acid (IFA) supplementation was revised from earlier dose of 100 mg elemental iron to 60 mg elemental iron for women and adolescents age group. The IFA tablets were made sugar coated for making it palatable. The beneficiaries are counselled for improving IFA compliance and are advised to take the IFA supplements after dinner preferably about one hour after major meals and before sleeping to reduce the side effects.
